Dr Ban Ratti is a practising General Practitioner, experience Medical Aesthetics Doctor with an interest in Accident and Emergency.

She provides a personalised service tailored to the Client

#### What is in Dermal Filler?

Modern Dermal fillers are a bio degradable, non-animal based hyaluronic acid gel. Hyaluronic acid is naturally produced in our bodies to provide elasticity and volume to the skin. Unfortunately levels of hyaluronic acid deplete as we age. During treatment the clear gel is injected into the skin or lips with a very thin needle. Fillers can provide natural volume which softens/removes unwanted lines.

### What areas can be treated?

Most products including perlane are suited for any undesirable facial lines. For lips it can provide fullness, define the border or reduce 'smokers lines' around the mouth. A common area is also the lines from the nose to mouth. Fillers can also improve a 'sad mouth' appearance.

#### Is treatment painful?

Treatment can be uncomfortable. To prevent this, an anaesthetic cream on the skin is used to reduce discomfort but for a total pain-free treatment a simple local anaesthetic (like a dental injection) is offered for treatment if desired. Yet now some collagen fillers have local anaesthetic in the injection, so you feel minimum discomfort,

# **How long will it last?**

Treatment usually lasts for 6-9 months. It is not permanent. How long a treatment lasts is variable and depends on your lifestyle and muscle activity. Most patients choose to have a follow up treatment between 6-12 months after the initial procedure.

# Are there any potential complications?

Dermal fillers are extremely safe. After injection some common injection related reactions may occur: swelling, redness, pain, itching and tenderness. These usually resolve spontaneously within 2-3 days after injection in the skin, and within a week after injection to the lips. You may initially feel some firmness in the area treated, this will soften over subsequent weeks. Other types of reaction are rare.

### Post treatment advice

We advise no extreme cold or heat exposure post treatment. Also no exercise and you can start your make up regime the following day.

Contact: Dr Ban Ratti 07939 136427 www.DrBanRatti.com