

Dr Ban Ratti is a practising General Practitioner, experience Medical Aesthetics Doctor with an interest in Accident and Emergency.

She provides a personalised service tailored to the Client

### **Botox®**

With age facial wrinkles, creases or folds can develop. If you wish to enhance your looks and give yourself a more youthful appearance Botox® may be right for you.

### **What is Botox® ?**

Botox® is the diluted form of Botulinum Toxin. It is used to block the nerve ending signals to muscles so allowing the relaxation of the underlying muscles. This can give a softening and reduction in facial lines and creases.

### **Where is Botox® used ?**

Primarily it is used on the upper third of the face. It is typically used in three areas reducing frown lines and producing a more youthful appearance. In the forehead "worry lines", Glabellar [between eyebrows]"frown lines" and the crow feet around the eyes are the specific areas treated.

### **Can I have Botox® ?**

Botox® is contraindicated in Pregnancy, Breast feeding and if you have a neuromuscular disease such as Myasthenia Gravis.

### **Treatment Information**

We advise you to stop aspirin two days prior to treatment to reduce any bruising. These are a series of injections which may cause you slight discomfort.

### **How long can Botox last?**

Muscle relaxation starts from day 2-10 post injection. It may last 3-4months and patients are advised to return for further treatments thereafter.

### **What should I expect post Botox treatment ?**

Botox is a safe effective treatment. Complications are minor and temporary. Sometimes clients get a mild headache, slight bruising and swelling, this will resolve after a few days. Rarely the toxin may reach the upper eyelid muscle, this may cause temporary drooping. This occurs rarely and may be reduced by special drops.

### **Post treatment advice?**

We advise you to frown as much as possible 4-6 hours post treatment. We also advise you to avoid alcohol, keep upright and do not do any exercise post treatment.